COVID-19
Health & Safety Protocols

The health and safety of the children in our care is our top priority. As such, UCR Early Childhood Services (ECS) will follow special COVID-19 health and safety protocols which are developed based on guidance from the Centers for Disease Control (CDC), direction from state and local public authorities and in partnership with campus leadership.

UCR ECS has always operated its child care centers with stringent health and hygiene, cleaning and disinfecting, and illness exclusion policies because regular health and hygiene practices provide some of the best defenses against the spread of contagious illnesses. In response to the increased challenges of COVID-19, we have implemented the following enhanced protocols at our centers:

**Enhanced Operating Protocols:**

- Nonessential visitors are not permitted in the center
- Posted health notice restricting entry
- Drop-offs/pick-ups are restricted to the outside the center
- Reduced class sizes – determined with reference to applicable local guidance
- Consistent groupings in separate classrooms
- Outdoor time limited to one group at a time, with limited back-to-back use of the play area

**Enhanced Health and Hygiene Protocols:**

- Daily temperature and health check conducted on arrival
- Social distancing is practiced as much as possible
- UCR ECS staff wear face coverings
- Frequent cleaning and disinfecting of high-touch surfaces, toys, and laundered items
- Enhanced COVID-19 exclusion policy restricting center access in the event of a suspected or known exposure
COVID-19 Policy

The health and well-being of our families and staff are our highest priorities. In the interest of limiting the opportunity for transmission to our vulnerable community, we are taking the following precautionary measures:

Your household must remain out of the center if any member of your household has (or has been in close contact with anyone who has):

- A suspected or confirmed case of COVID-19 (for example – close contact at school, work, religious service, social gathering); or

- Traveled:
  - internationally; or domestically,
  - From any area which is the subject of travel restrictions under applicable state and local guidance.

14 days after the last potential exposure, your household may return provided these three things have happened:

1) At least 10 days have passed since any household member first experienced symptoms; and
2) Symptoms have improved for any household member that experienced symptoms (for example, cough or shortness of breath has improved); and
3) The household has been fever-free for at least 72 hours without the use of fever-reducing medicines.

Please note, depending on the circumstances we may require you to obtain medical clearance before return to the center will be allowed.

HOUSEHOLD MEMBERS: include individuals who may not live in the household but may be staying there or are otherwise present in the household on a regular basis (e.g. nannies, caregivers, home health workers, contractors, etc.) and includes anyone with pick up or drop off privileges at the center.

CLOSE CONTACT: is defined by the CDC as (1) being within approximately 6 feet (2 meters) of a COVID-19 case for a prolonged period of time and can occur while caring for,
living with, visiting, or sharing a health care waiting area or room with a COVID-19 case, or (2) having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on). Considerations when assessing close contact include the duration of exposure and the clinical symptoms of the person with COVID-19.
COVID-19
Health Check and Illness Policy

This policy applies to staff, children and their household members, which states in part:

ALL STAFF, FAMILIES, CHILDREN AND THEIR HOUSEHOLD MEMBERS MUST CONDUCT A DAILY HEALTH CHECK BEFORE COMING TO THE CENTER.

➤ Should you or any household member have any of the following symptoms, we ask you to remain out that day and notify the center.

➤ Fever of 100 F or higher, now or in the preceding 72 hours
➤ Cough
➤ Sore Throat
➤ Muscle Aches
➤ Difficulty Breathing
➤ Abdominal and neck pain
➤ Vomiting and diarrhea
➤ Rash
➤ Feeling tired
➤ Consistent with our COVID-19 Policy, the household will be required to remain out of the center for 14 days unless medical clearance is provided by a physician indicating that the presenting symptoms are associated with a known non-COVID-19 illness. The physician’s note must not be from a family member.

➤ Exclusion from the center is sometimes necessary to reduce the transmission of illness. For your child's comfort, and to reduce the risk of contagion, we ask that children be picked up within 30 minutes of notification. Until then, your child will be kept comfortable and will continue to be observed for symptoms.

Summary of Enhanced Protocols-Center

We are continually updating our processes and protocols in accordance with the most recent Centers for Disease Control and Prevention (CDC) guidance and the guidance of our medical experts. We will maintain small group sizes and practice social distancing to the best of our ability, given the ever-changing circumstances and variation in guidance across states and localities.
Children may have mild symptoms

Based on available evidence, children do not appear to be at higher risk for COVID-19 than adults. While some children and infants have been sick with COVID-19, adults make up most of the known cases to date.

The symptoms of COVID-19 are similar in children and adults. However, children with confirmed COVID-19 have generally shown mild symptoms. Reported symptoms in children include cold-like symptoms, such as fever, runny nose, and cough. Vomiting and diarrhea have also been reported.

Severe illness and multisystem inflammatory syndrome in children

It’s not known yet whether some children may be at higher risk for severe illness, for example, children with special healthcare needs. There is more to learn about how the disease affects children. You can learn more about who is most at risk for health problems if they get COVID-19 on Are You at Higher Risk for Severe Illness.

If you are concerned your child may have COVID-19, stay at home and contact your healthcare provider. Pediatricians are open during the COVID-19 pandemic and can follow CDC recommendations to keep children and their parents or caregivers safe when in-person visits are needed.

Multisystem inflammatory syndrome in children (MIS-C)

CDC and partners are investigating cases of multisystem inflammatory syndrome in children (MIS-C) associated with COVID-19. MIS-C has been described as inflammation (swelling) across multiple body systems, potentially including the

- Heart, lungs, and kidneys
- Brain
- Skin
- Eyes
- Gastrointestinal organs

Signs and symptoms of MIS-C include fever and various symptoms such as

- Abdominal and neck pain
- Vomiting and diarrhea
- Rash
- Feeling tired

Not all children will have the same symptoms.
If your child has any of these symptoms or other concerning signs, contact your pediatrician. If your child is showing any emergency warning signs including trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face, severe abdominal pain, or other concerning signs, seek emergency care right away.

CDC is working with state and local health departments to learn more about this syndrome, including how common it is and who is at risk. As new data become available, we will continue to provide information for parents and caregivers as well as healthcare and public health professionals. Current information and guidance on MIS-C for clinicians can be found at Information for Pediatric Healthcare Providers.
COVID-19
Special Program Attendance Acknowledgement & Disclosure

FAMILY/CHILD VERSION: This should be initialed and signed by BOTH parents.

Please read and initial each statement below.

1. _____ I understand that during this COVID-19 Public Health Emergency I will NOT be permitted to enter the facility beyond the designated drop-off and pick-up area. I understand that this procedure change is for the safety of all persons present in the facility and to limit to the extent possible everyone’s risk of exposure. I understand that it is my responsibility to inform any Emergency Contact persons of the information contained herein.

2. _____ I understand that IF there is an emergency requiring me to enter the facility beyond the designated drop-off and pick-up area I MUST wash my hands before entering, remove my shoes and wear a mask. While in the facility I must practice social distancing and remain 6ft from all other people, except for my own child.

3. _____ I understand that to enter upon the facility premises my child must be free from COVID-19 symptoms. If, during the day, any of the following symptoms appear my child will be separated from the rest of the people in the center. I will be contacted, and my child MUST be picked up from the facility within 30 minutes of being notified.

Symptoms include:

- Fever of 100 degrees Fahrenheit or higher
- Dry cough
- Shortness of Breath
- Chills
- Loss of taste or smell
- Sore Throat
- Muscle aches
- Abdominal and neck pain
- Vomiting and diarrhea
- Rash
- Feeling tired

- While we understand that many of these symptoms can also be related to non-COVID-19 related issues we must proceed with an abundance of caution during this Public Health Emergency. These symptoms typically appear 2-7 days after being infected so please take them seriously. Consistent with our COVID-19 Policy, the household will be required to remain out of the center for 14 days unless medical clearance is provided by a physician indicating that the presenting symptoms are associated with a known non-
COVID-19 illness. The physician’s note must not be from a family member or known associate.

4. _____ I understand that my child’s temperature will be taken every 2 hours throughout the day while on facility premises.

5. _____ I understand that face coverings for children are optional, but highly recommended for children over the age of 2 years old in the facility.

6. _____ I understand that my child will be required to wash their hands using CDC recommended handwashing procedures throughout the day using warm running water and rubbing with soap for at least 20 seconds.

7. _____ I understand that I must bring my child a pair of shoes to the facility that will ONLY be worn inside this facility and will be left here each evening. I MUST remove my child’s shoes at the entrance of the facility. Staff will have the child put on their “center only shoes” once the child washes their hands and goes into the classroom. At pick up, Staff will remove the child’s “center only shoes” and the child will be brought to the entrance where I will put on my child’s outside shoes prior to leaving the facility. The children’s “center only shoes” will be sanitized by staff each night.

8. _____ I understand that outside of care, in order to control my child’s exposure in the community, I will comply with any and all state, county or local stay-at-home orders, will limit my child’s contact outside of care to persons living in my household. I will not take my child out to stores unless it is absolutely necessary and then only to shop for essential items like food, medicines and toiletries. I will follow any recommendations from the CDC that limits my child’s risk for exposure including wearing face coverings in all public areas and remaining 6ft from all other people.

9. _____ I will immediately notify UCR ECS Staff if I become aware of any person with whom my child or I have had contact exhibits any of the symptoms listed in Number 1 above, is advised to self-isolate, quarantine, or has tested positive, or is presumed positive for COVID-19. Further, I will immediately notify UCR ECS Staff if anyone from my place of employment is presumed positive or tests positive for COVID-19 whether or not I have had direct contact with that person.

10. _____ I understand that while present in the facility each day my child will be in contact with children, families and other employees who are also at risk of community exposure. I understand that no list of restrictions, guidelines or practices will remove 100% of the risk of exposure to COVID-19 as the virus can be transmitted by persons who are asymptomatic and before some people show signs of infection. I understand that I play a crucial role in keeping everyone in the facility safe and reducing the risk of exposure by following the practices outlined herein.

I, _________________________________ certify that I have read, understand, and agree to comply with the provisions listed herein. I acknowledge that failure to act in accordance

5/19/2020
with the provisions listed herein, or with any other policy or procedure outlined by UCR ECS will result in program dismissal. I acknowledge that care for my child will be suspended if it is determined that my actions, or lack of action unnecessarily exposes another employee, child, or their family member to COVID-19.

Child’s Name: ___________________________  DOB: ________________

Parent’s Name: ___________________________

______________________________ _______________________
Parent Signature Date

Parent’s Name: ___________________________

______________________________ _______________________
Parent Signature Date

______________________________ _______________________
Management Team Witness Date