NURTURING PARENTING WORKSHOPS

Nurturing Parenting is an interactive workshop that will help you better understand your role as a parent. Help in strengthening your relationship and bond with your child. Learn new strategies and skills to improve your child’s concerning behavior. Develop self-care, empathy, and self-awareness.

Last Wednesday of each Month
3 - 4:30 p.m.

TOPICS INCLUDE:

- 9/27/2023 - Age & Stages of Growth in Infants & Toddlers
- 10/25/2023 - Ways to Enhance Positive Brain Development in Children & Teens
- 11/29/2023 - Communicating with Respect
- 1/31/2024 - Understanding Feelings
- 2/28/2024 - Understanding & Developing Family Morals, Values, & Rules
- 3/27/2024 - Praising Children & their Behavior
- 4/24/2024 - Alternatives to Spanking
- 6/26/2024 - Learning Positive Ways to Deal with Stress & Anger

Workshops will be held virtually on Zoom. To join each month click on the link below

Join Workshop

If you are in need of reasonable accommodation, please contact UCR Early Childhood Services at 951-827-2666.