

NURTURING PARENTING WORKSHOPS

Nurturing Parenting is an interactive workshop that will help you better understand your role as a parent. Help in strengthening your relationship and bond with your child. Learn new strategies and skills to improve your child's concerning behavior. Develop self-care, empathy, and, self-awareness.



**Last Wednesday
of each Month
3 - 4:30 p.m.**



TOPICS INCLUDE:

- 9/27/2023 - Age & Stages of Growth in Infants & Toddlers
- 10/25/2023 - Ways to Enhance Positive Brain Development in Children & Teens
- 11/29/2023 - Communicating with Respect
- 1/31/2024 - Understanding Feelings
- 2/28/2024 - Understanding & Developing Family Morals, Values, & Rules
- 3/27/2024 - Praising Children & their Behavior
- 4/24/2024 - Alternatives to Spanking
- 6/26/2024 - Learning Positive Ways to Deal with Stress & Anger

Workshops will be held virtually on Zoom. To join each month click on the link below

➔ [Join Workshop](#)



If you are in need of reasonable accommodation, please contact UCR Early Childhood Services at 951-827-2666.