WELCOME

Welcome back everyone, we hope you all had a wonderful holiday break. We have so many great events coming up, as well as some new updates for everyone. We look forward to another wonderful quarter here at the Center for Early Childhood Education (CECE).

IN THE NEWS

- Important Dates to Remember
- Reminders
- Upcoming Parent workshops
- New apps for Parents
- Future Collaborations

IMPORTANT DATES TO REMEMBER

- February 19th - President’s Day (Center Closed)
- February 29th - Kindergarten Parent Information Night
- March 8th - Kindergarten Modified School Day
- March 25th - 29th - Kindergarten Spring Break
- March 29th - Cesar Chavez Day (Center Closed)
WE WILL CONTINUE OUR MONTHLY MEETINGS WITH THE RIVERSIDE UNIVERSITY HEALTH SYSTEM (RUHS) EVERY LAST WEDNESDAY OF THE MONTH

This quarter we are partnering with the Wylie Center and the Women’s Resource Center to bring together some great resources and workshops for the Parents of CECE and UCR.

The Wylie Center will be collaborating with CECE to bring a new set of Parenting Classes beginning January 17, 2024 and are every Wednesday until March 6, 2024, from 3:15pm to 5:15pm in the North Center Conference Room. The course will be presented in a hybrid format, register with the link below to receive the zoom link and the workbook.

https://forms.gle/E9XVdBoHaeoN4hin9

PARENT CAFES WILL BE HELD IN THE NORTH CENTER CONFERENCE ROOM STARTING JANUARY. THEY WILL BE HELD FROM 3PM TO 4PM.

PARENT CAFES PROVIDE A SAFE AND NON-JUDGMENTAL OPPORTUNITY FOR PARENTS TO ENGAGE IN CONVERSATIONS ABOUT THEIR CHALLENGES, SUCCESSES, AND STRATEGIES.

NURTURE PARENTING WORKSHOPS

Nurturing Parenting is an interactive workshop that will help you better understand your role as a parent. Help in strengthening your relationship and bond with your child. Learn new strategies and skills to improve your child’s concerning behavior. Develop self-care, empathy, and self-awareness.

Topics include:
- 9/27/2023: Age & Stages of Growth in Infants & Toddlers
- 10/25/2023: Ways to Enhance Positive Brain Development in Children & Teens
- 11/29/2023: Communicating with Respect
- 1/31/2024: Understanding Feelings
- 3/27/2024: Praising Children & their Behavior
- 4/26/2024: Alternatives to Spanking
- 6/28/2024: Learning Positive Ways to Deal with Stress & Anger

Last Wednesday of each Month 3 - 4:30 p.m.

Workshops will be held virtually on Zoom. To join each month click on the link below:
Soluna will provide youth and young adults (ages 13 – 25) with immediate access to a comprehensive mental health toolkit, community support, resources, journaling, and personal coaching – all at no cost to the user, their parents, or their school.
SICK POLICY
If your child is presenting symptoms:
- Fever of 100 degrees or higher
- Nausea or Vomiting
- Diarrhea
- Excessive Coughing
- Excessive Runny nose
- Unexplained Rashes
The child will be sent home and will need to be out until they are symptom free for 24 hours without the aid of medication.

Although these are the most common, please refer to the Parent Handbook on pages 21-22 for a comprehensive list of symptoms and course of action taken.

CECE.UCR.EDU/PARENT-HANDBOOK

SIGN IN SHEET
Sign the sign in and out sheet with a full signature at the time of drop off and at pick up.

Virtual sign in sheets will also now need to be signed with a full signature. Initials are no longer allowed on the daily sign in, as well as the end of the month signature.

Reminder to sign on attendance sheet even if Child is absent. Please write in on sheet reason for absence: vacation, child sick, etc

R’ CARDS
R’ Cards are required to access the buildings. If you have not received your R’ Card, they can be ordered online via the R’ Card portal.

https://ucrcard.ucr.edu/center-early-childhood-education

Or they can be obtained on campus at the Bookstore.